

FOGZILLA RETURNS

My imaginary coastal denizen Fogzilla is back with us again, so it must be summertime in Pacifica. Every day he slides up and over Pedro Point and Montara Mountain, headed for the Golden Gate and San Francisco Bay. He protects us from the brutal heat waves that bake inland areas. But as all Coastsiders well know, you can still get a bad sunburn on a foggy day, so remember to cover yourself: sunscreen, hat, long sleeves.

NOISY JETS

Citizens working with SFO and the Federal Aviation Administration to reduce airplane noise over the Peninsula are having some success, according to a San Francisco Chronicle story (sfgate.com). Apparently, the Feds are listening to neighborhood complaints and designing new flight paths to restore peace and quiet overhead.

LOCAL HERO

I am always so impressed when I read about people like Roger Harrison, 66, of Montara, who has regularly donated blood over the years totaling 100 gallons. He has blood type O positive, which is in great demand, and is even appropriate for prematurely born infants. Roger was profiled in the Half Moon Bay Review, July 26.

FRESH AS IT GETS

San Mateo County has created a map of all the farms, fisheries, wineries, and breweries in the county where you can buy direct from the men and women who make a living producing fresh, local food and drink. Get the map at freshasitgets.com.

MOBILE BEER KEG

Speaking of cold beer, Half Moon Bay Brewing Company has a Hoptrotter for hire, a 14-foot-long refrigerated trailer with 10 taps. This party wagon comes with a bartender, compostable beer cups, and all necessary supplies and services. Get information by calling 650-728-2739, extension 4.

GOLDILOCKS

Wall Street Journal columnist Alison Gopnik has a Goldilocks solution for parents concerned about their children's overuse of technology: not too much or too little but just about right. Gopnik writes that screen time on computers and mobile devices can be positive for the child if used and managed correctly

(for social and academic success). And she argues against more extreme measures to restrict screen time, such as those required to lose weight or quit smoking.

EXPENSE-ACCOUNT DINING

Every week in the front section of The New Yorker, the magazine profiles a local restaurant. Last week it was The Beatrice Inn at 285 West 12th Street in Manhattan. It is famous for its cloth-wrapped, French single-malt-marinated steak that sells for \$14 an ounce. If that scares you off, you can always settle for fried dates stuffed with wild boar meat (\$12), a cheese platter for \$52, or a piece of fried apple pie a la mode (foie gras ice cream, no less; market price).

GRAMMAR JAMMER

Q: What's the difference between a cat and a comma?

A: One has claws at the end of its paws, and the other is a pause at the end of a clause. (Tatiana Ayazo)

SWAMI SEZ

"Great minds discuss ideas. Average minds discuss events. Small minds discuss people." (Eleanor Roosevelt)

MAYBURRITOVILLE

- Email: Mayburrito@Goofbuster.com
- Blog: PacificaRiptide.com
- Copy Editor: Goofbuster.com