

Wandering & Wondering

By John Maybury Columnist

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TRASH BUCKET CHALLENGE

Why waste water on an ice bucket challenge? Instead, save water and join the Pacifica Beach Coalition (PBC) "Trash Bucket Challenge": Pick up a bucket of trash, then donate online at pacificabeachcoalition.org to help PBC's beach cleanup and restoration work. Also, challenge your friends and family to join in. PBC's Lynn Adams says, "Have fun saving the beaches, the ocean, and marine wildlife. Only you can stop the flow of plastic litter into our creeks, where it goes down to pollute the ocean."

COUNCIL CANDIDATE FORUMS

In the upcoming election, Pacificans will vote for three open City Council seats out of five. A new council could stop the Calera Parkway Project (aka widening Highway 1). A new council could hire a consultant to look into alternatives like roadbed sensors and timed lights that would be better and cheaper than widening the road. A new council could hold public hearings. The current council majority has done none of those things. Attend the council candidate forums (see below for dates, times, and places) and ask the candidates where they stand on highway widening:

- Pacifica Chamber of Commerce, Thursday, September 18, from 7:30 to 9:00 a.m., Nick's Restaurant, Rockaway
- San Mateo County Association of Realtors (SAMCAR) and Pacifica Business and Community Political Action Committee (PBCPAC), Tuesday, September 23, from 6:30 to 8:30 p.m., City Council Chambers, Sharp Park
- American Association of University Women (AAUW), Saturday, October 4, from 9:30 to 11:30 a.m., City Council Chambers, Sharp Park
- Pacifica's Environmental Family, Wednesday, October 8, from 7 to 9 p.m., City Council Chambers, Sharp Park
- Pacifica-Daly City Democrats. Saturday, October 18, from 9 to 11 a.m., Sharp Park Golf Course Restaurant

MAILBOX

Responding to my column last week, Scott McKellar says, "A good pal set me up with all the best stuff last December for brewing coffee. I failed somewhere between step #1 and step #7 or #10. Too many details, too many steps. Tea is simpler, but still, tea is just tea, not coffee beans. On showerheads, I removed ours and soaked it in vinegar, then cleaned it with an old toothbrush. Now it performs like new. And last? Thank you for lambasting Caltrans. Do they think they are God?" Another reader, Angela M. Eslava, wrote to say, "Totally agree with you. Starbucks Via coffee is almost perfect." Shoppers alert: Via is on sale at Costco. Such a deal.

PRUNE FACE

Don't squinch up your face and laugh at this item. Dried plums (I still call them prunes, despite the dried-plum marketing mavens) are loaded with fiber, antioxidants, boron, and vitamin K -- good for your gut

and your bones. And only 20 calories apiece.

SWAMI SEZ

"I don't think that success matters a bloody bit. What matters is what you do with what you have to offer. Success is the full development of your faculties as God gave them to you, not putting money in a bank or being on the cover of a hundred magazines." (Katharine Hepburn)

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