

COASTSIDE GEMS

Many Pacificans who are in the know by definition “know” that their immediate southern neighbors Montara and Moss Beach (aka the Midcoast and formerly known as “south of the Slide”) have some of the best eats on either side of the Tom Lantos Tunnels at Devil’s Slide. Cruising down Highway 1 from Pacifica, as you enter Montara, you can’t miss the Peruvian/fusion destination restaurant La Costanera right at the water’s edge. Heading a bit farther south, check out the sandwich selection at Gherkin’s (on your left just before the Alliance gas station). In Moss Beach, don’t miss the unbeatable taqueria El Gran Amigo on the right, and across the highway on the frontage road, at the sign of the rusty dinosaur, it’s Odyssey for pizza and Greek food. Turn right on Cypress Street to reach the ever-popular Moss Beach Distillery, with excellent food, drinks, and ocean views. Of course, once you leave Moss Beach and arrive at Princeton harbor, El Granada, Miramar, and Half Moon Bay, you have many choices for great seafood, Italian, Mexican, Indian, Japanese, Chinese – too many for me to cover here, but I know you will find your favorites down south. I suggest you pick up a copy of The Half Moon Bay Review for dining recommendations.

FRIENDS: QUALITY OVER QUANTITY

“It’s probably better for your health...to have a few good friends than thousands of Facebook acquaintances,” writes biologist Robert M. Sapolsky in his September 10

“Mind & Matter” column for the Wall Street Journal.
“From a health point of view, it’s good to form a new, supportive relationship, but it’s even better to jettison that high-maintenance, exasperating friend whom you really don’t want to see. It may well help you more in keeping your blood pressure down and your waist size in check.”

NO NUKES

The 1,000 residents of Hollywood, Alabama have waited more than 40 years for their payday: good-paying permanent jobs at the Bellefonte Nuclear Plant, which never went online despite costing \$5 billion to build. The unfinished plant owned by the Tennessee Valley Authority (TVA) is now for sale at auction: minimum bid \$36.4 million. The successful buyer gets two incomplete nuclear reactors, transmission lines, office and warehouse buildings, eight miles of roads, and a 1,000-space parking lot, all on 1,600 acres of waterfront land along the Tennessee River. One of the leading contenders for the property is alternative-power company Phoenix Energy of Nevada, with its new non-nuclear technology. The people of Hollywood aren’t holding their breath. (Source: Associated Press)

TURN OFF THE TAP

Remember that January 1, 2017, a new state law goes into effect, requiring local water districts to penalize water wasters. In case you haven’t heard, California is still in a severe drought. So start getting ready now:

take shorter showers (that goes for us, too, my fellow Oceana swimmers!), use commercial car washes, and limit watering the garden. Water is never free!

SWAMI SEZ

"I play the notes, but God creates the music." (Johann Sebastian Bach)

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