

### **HOP ON THE CANNA-BUS**

Cannabis consumers eager to travel to Pacifica and Half Moon Bay dispensaries (recreational use is legal starting January 1) but not wanting to risk driving dazed and disoriented (DDD) might want to band together and carpool or use what Alan Wald calls a canna-bus. I say: Catch a ride to mota city.

### **DARWIN AWARD**

Scott McKellar saw a skateboarder in Pacifica texting while skating, and just asking for it [i.e., a Darwin award], but I saw the same thing in Half Moon Bay: a guy skateboarding, texting, AND carrying a takeout pizza. I think he might have been Spicoli Pizza's delivery dude or else a very talented multitasker.

### **WEAR A HELMET**

Speaking of head injuries (see item above), please make your child(ren) wear protective headgear when riding bikes and playing sports. One in five teens has suffered a concussion, according to the "Journal of the American Medical Association" (JAMA). There is some correlation between the number and severity of concussions, and the incidence of multiple sclerosis (MS).

### **SOCIAL MEDIA: SO SAD**

Someone sent me this funny/pathetic Twitter exchange: Caller -- "I am here for you." Responder -- "Thanks. I am going through a tough time, so it means a lot. And sorry, I lost all my contacts. Who is this?" Caller -- "This is your Uber driver. I am here to pick you up." Responder [tweeting moments later] -- "It was a quiet car ride."

### **CROCKPOT CHEX MIX**

Ingredients: 8 cups Chex cereal (wheat, corn, rice, etc.); 2 cups bite-size pretzels; 2 cups melba toast; 1 cup cashews or other nuts; 1 stick butter; 2 tablespoons Worcestershire sauce; 1 tablespoon any hot sauce (optional); 2 teaspoons seasoning salt; 1 teaspoon garlic powder; 1 teaspoon onion powder. Instructions: Combine cereal, pretzels, and nuts in a slow cooker (e.g., Crockpot). Melt butter in a pan and whisk in all other ingredients. Pour over the dry mixture and stir gently to combine. Cook on low for 2 hours in the slow cooker, with the lid off. Stir every 30 minutes or so to keep pieces on the bottom from burning. Remove from slow cooker and serve immediately or store in airtight container for later enjoyment. (modified recipe from "Southern Living" magazine)

### **WINTER OLYMPICS ADD-ON**

A new athletic event for the Winter Olympics in Seoul, South Korea: Duck and Cover and Kiss Your A-- Goodbye.

### **MILLENNIAL HEAVEN**

NYC Café in Manhattan's Union Square sells bowls of cold cereal (e.g., Froot Loops, Frosted Flakes, etc.) for \$7, plus Pop-Tarts, coffee drinks, and flavored milks. The target demographic is Millennials, who can slurp their breakfast while seated on bean bag chairs in the 5,000-square-foot store owned by cerealmaker Kellogg. Oh, and there's free Wi-Fi

so customers can take pictures of their eats and post them on Instagram. Meh. (Source: Daily Briefing, San Francisco Chronicle, December 14)

### **GRAMMAR JAMMER**

“Knock knock.” “Who’s there?” “To.” “To who?” “Actually, it’s to *whom*.” (Tatiana Ayazo)

### **SWAMI SEZ**

“War does not determine who is right, only who is left.” (Swami Umami)

### **MAYBURRITOVILLE**

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